Week 2 – Daily Prayer Journal

For each day this week, begin the day with the simple prayer provided. At the end of the day, write one thought about your prayer before sleeping.

MONDAY

Today Dear God, help me know I cannot bring simplicity to my life without removing some of the things that have been cluttering my world, and pushing you out. Help me to identify those things which are stealing my time and give me the courage to stop doing them. Amen

TUESDAY

Today Dear God, help me find the **CLARITY** that will assist in bringing more simplicity to my life. Protect me from the desire to avoid change, even when I know the change would be good. Help me understand my fears today. Amen.

WEDNESDAY

Today Dear God, help me to accept my responsibility for the **MOVEMENT** I will make towards simplicity. Help me to see that I am my own worst enemy in change and that unless I identify and remove the barriers toward success in simplicity, I will not make any positive changes and grow. Amen

THURSDAY

Today Dear God, show me where my life lacks **ALINGNMENT** and give me the strength and courage to challenge myself to reorient myself around only those things at will move me toward a Mission that glorifies and honors YOU. Amen

FRIDAY

Today Dear God, give me FOCUS on those things that will help me become a person of Simplicity. Help me to realize that finding time for YOU is and should be my highest priority and that starting that journey with you does not have to be laborious or difficult. Amen

SATURDAY

Today Dear God, give me strength to address these four areas, CLARITY, MOVEMENT, ALIGNMENT, and FOCUS in my TIME, my RELATIONSHIPS, my FINANCES and my GOD. Show me which of these I should devote myself to first. Amen

SUNDAY

Today Dear God, teach me to rest. To simply rest in the assurance that when YOU are ready to help me with SIMPLICITY, YOU will bring YOUR Spirit into my world in new and bold ways to show me the direction I need to take. Help me to listen for His coming and to respond without reserve My Loving Father. Amen

The Simple Life

a 2011 Fall Spiritual Emphasis

Small Group Leader & Apprentice Leader & Coach Daily Devotional

WEEK 2

Galatians 5:14

"For the entire law is fulfilled in keeping this one command: 'Love your neighbor as yourself.'"

"Anxiety weighs down the heart, but a kind word cheers it up." **Proverbs 12:25**

"It is often said that we are continually being crucified between two thieves—the regrets of yesterday and the worries about tomorrow." Warren Wiersbe

"My priorities are all messed up!" Ever said that?

It's not like we intend for our lives to become complex and overwhelming, or that we want to be out of whack in terms or our priorities as followers of Christ, but it sure is easy to find ourselves in that situation.

One of the best gauges we have that alerts us to the possibility that our priorities are all messed up is the onslaught of anxiety or worry. That's why Jesus said what he did in Matthew 6:25-34, commanding us not to worry about things that are outside of our control, or things that God has promised to provide for us as we continually "seek first his kingdom and his righteousness."

In other words, the only thing that we should regularly "worry" about, that is, what should be our top priority in life, is putting God first in all we do.

What a challenge that is! So, to help encourage you along these lines, I've given you one passage of Scripture to meditate on each day this week (see the column to the right).

God bless you, and thank you so much for leading your small group!

Monday: Read and meditate on ***Matthew 11:25-30***

Tuesday: Read and meditate on ***Mark 12:28-34***

Wednesday: Read and meditate on ***Psalm 1***

Thursday: Read and meditate on ***Luke 10:38-42***

Friday: Read and meditate on ***Luke 12:22-31***

Saturday: Read and meditate on ***Philippians 4:4-7***

Sunday: Read and meditate on ***1 Peter 5:6-11***

Galatians 5:14

"For the entire law is fulfilled in keeping this one command: 'Love your neighbor as yourself.'"